



JANUARY 2024

# 4-H Family News

Washtenaw County



## Reminder: Enroll or Re-Enroll in 4-H Online

Have you re-enrolled or enrolled in 4-H Online for the 2023-2024 program year? Next month, we will stop sending our emails to families who are not currently enrolled in 4-H online. We don't want anyone to miss out on any communications! All 4-H members should be enrolled in 4-H online prior to participating in 4-H projects or programming, and we are asking that all our existing families re-enroll as soon as possible. You must re-enroll to be an active 4-H member! If you need help re-enrolling, please reach out to Amy Harris. We also have paper enrollment forms in the office if those are easier for families. Enroll or Re-Enroll at <https://v2.4honline.com/#/user/sign-in>



### UPCOMING MEETINGS & EVENTS:

#### Advisory Council Meeting

January 11<sup>th</sup> at 7 pm at the MSU Extension Office

#### Paint Prep Work Bee

January 17<sup>th</sup> from 5-7 pm at the Washtenaw Farm Council Grounds, 5055 Ann Arbor-Saline Rd, Ann Arbor, MI

#### Horse Board and Association Meeting

January 23<sup>rd</sup> at 6:30 and 7 pm at the MSU Extension Office

#### Small Animal Committee

January 25<sup>th</sup> at 6 pm at the MSU Extension Office **(New Date!)**

#### 4-H Robotics Workshop

February 10<sup>th</sup> at 2 pm at the MSU Extension Office

## CONTACT US

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# COUNTY 4-H NEWS

## Small Animal Committee Meeting Date Changes



The Small Animal Committee has voted to change their meeting dates to the fourth Thursday of odd months in 2024. The meeting will still start at 6 pm. This means their next meetings will be:

- Thursday, January 25<sup>th</sup>                      Thursday March 28<sup>th</sup>
- Thursday, May 23<sup>rd</sup>                              Thursday, September 26<sup>th</sup>

## Dairy Quiz Bowl Meetings Starting on January 15<sup>th</sup>

Do you know a 4-H'er interested in dairy science, dairy production, or veterinary science? Encourage them to join the Dairy Quiz Bowl Team! The group meets the 3<sup>rd</sup> Monday of each month January through July. They discuss dairy science and dairy production topics. The material is also very relevant to youth interested in vet science. Meetings are at Horning Farms in Manchester.

The first meeting is Monday, January 15<sup>th</sup> at 6:30 pm. They will have pizza to start our kick-off meeting for the year. To RSVP (to help plan for food) or if you have any questions, please contact Katelyn Packard at [klhorning14@gmail.com](mailto:klhorning14@gmail.com).



## Washtenaw Farm Council Grounds Work Bees in 2024



We are hosting a few work bees throughout the year to help Washtenaw Farm Council staff with the maintenance of the grounds. We are fortunate to have the use of these grounds for free at all our 4-H programs and now it's our turn to help clean it up. Our first work bee will take place on Wednesday, January 17<sup>th</sup> from 5-7 pm and have youth prepping areas in the barns to paint with tape. We do ask for only ages 13-19 years old at this event as it does require more skill. Sign ups are preferred but youth and families can drop in if they aren't sure they will be able to attend. Youth must be enrolled in 4-H online to attend. Questions? Email Amy Harris at [harr1976@msu.edu](mailto:harr1976@msu.edu).

Sign up now at: <https://www.signupgenius.com/go/10C084FA9A82BAAF4C43-46576725-painting>



# COUNTY 4-H NEWS

## Interested in Joining our Washtenaw County 4-H Hippology and/or Horse Judging Teams?

Washtenaw County 4-H is looking for registered 4-H members (ages 5-19) to join our Hippology Team and/or Horse Judging Team! Hippology is the study of all horse-related knowledge, including judging, anatomy, breeds, colors, care, equipment, tack, health and welfare, and riding disciplines. The Hippology event is Saturday, March 16th at MSU's Anthony Hall.

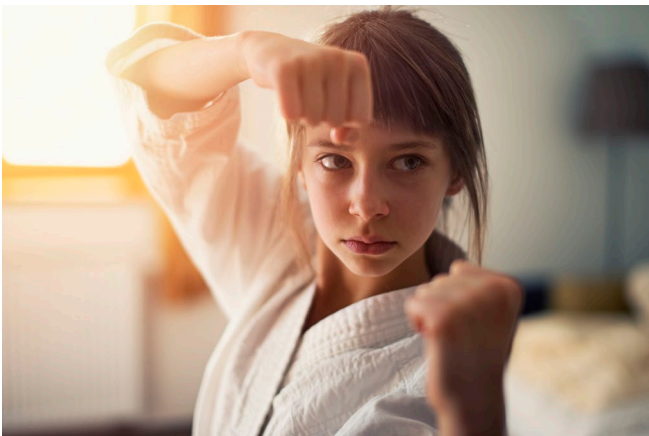


Horse Judging is your opportunity to become the judge and place horses based on conformation (halter) and performance (riding). The Horse Judging event is Saturday, April 13th at the MSU Pavilion. Both teams compete against other Michigan counties and senior divisions can qualify for the national contest. Cost is roughly \$23 per member, per team. Optional study sessions will start in early February. If you are interested in participating on both/either teams, please contact Angela Oakman by January 31, 2024 - email: [angela\\_oakman@yahoo.com](mailto:angela_oakman@yahoo.com) cell: 734-395-9714 (call or text). The Horse Judging Workshop and Mini Contest (February 2nd-3rd at the MSU Pavilion) is highly recommended for anyone participating on the Horse Judging team.

More information (from the 2023 contest):

[https://www.canr.msu.edu/horses\\_ponies/registrationinformation?fbclid=IwAR1hMipUIYxBkwEQFDAXf1ce59lsPG6LwvGvFjZkgypyC0NsCnGiqc-CF2w](https://www.canr.msu.edu/horses_ponies/registrationinformation?fbclid=IwAR1hMipUIYxBkwEQFDAXf1ce59lsPG6LwvGvFjZkgypyC0NsCnGiqc-CF2w)

## Self Defense Class: Participants Needed



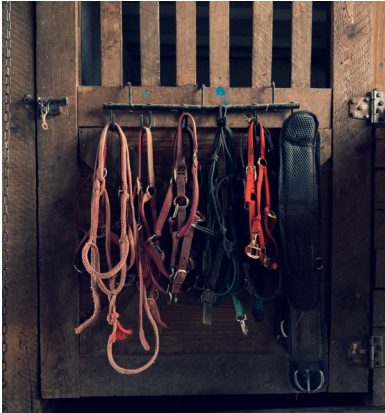
S & L Bauernhof 4-H Club is coordinating self defense classes at the Fine Arts Academy at 238 Jennings Rd, Whitmore Lake, MI this winter. They need 10 participants minimum per class and are looking for other 4-H'ers or clubs interested in attending. This will be a series of 3 classes on Sundays from 1-2 pm and 4-5 pm on January 21st, 28th, and February 11th. The cost is \$45 per participant. The class is intended for 12-18 year olds or can be a class of 5-11 year olds.

If your 4-H'er or club is interested, please contact Caro at [cuhlema@gmail.com](mailto:cuhlema@gmail.com).



# COUNTY 4-H NEWS

## Save the Date: Washtenaw County 4-H Horse Association Tack Sale on Feb. 11<sup>th</sup>



Mark your calendars for the annual Washtenaw County 4-H Horse Association Tack Sale on February 11<sup>th</sup> from 10 am – 2 pm at the Washtenaw Farm Council Grounds at 5055 Ann Arbor-Saline Rd, Ann Arbor, MI in Buildings B and C. The Tack Sale will feature new and used horse tack, riding apparel, and a silent auction. Set up will begin at 8 am. Reservations and payment required by February 1, 2024. First table/space is \$25. Additional table/space \$15 each. 4-H members and clubs first table/space is \$20. Additional table/space \$10 each. There is an additional \$10 per table/space late fee if after Feb 1, 2024. All proceeds benefit the Washtenaw County 4-H Horse Program. If you would like to reserve a table, [please check out the reservation flyer for more information.](#)

For further information please contact: [harr1976@msu.edu](mailto:harr1976@msu.edu)

## Junior Livestock Bake Sale Raises Funds to Sponsor a Foster Child

Junior Livestock was at it again this month, hosting a bake sale at the Jackson Rd. Tractor Supply Company to raised funds to sponsor a child through the organization Foster Care Closet.



## Hooves and Paws 4-H Club Volunteers at Starry Skies Equine Rescue

Hooves and Paws 4-H Club members volunteered at Starry Skies Equine Rescue in Ann Arbor this year. The club members helped people get Christmas pictures with Lily, the pony, sorted and cleaned halters, set up Christmas decorations, cleaned chicken coops and horse stalls, and had lots of fun loving on all the horses!





# STATEWIDE CALENDAR OF EVENTS

## Reserve your tickets for Michigan 4-H Day with the Detroit Tigers



Join Michigan 4-H and MSU Extension for a fun day at Comerica Park to watch the Detroit Tigers take on the Kansas City Royals! 4-H youth, volunteers, staff and their families will enjoy discounted tickets. In addition, Michigan 4-H guests will receive:

- A dual-branded Michigan 4-H and Detroit Tigers item (details to be released shortly).
- An exclusive pregame on-field opportunity.
- A portion of each ticket sold donated to Michigan 4-H.

Tickets are available in a variety of locations throughout the stadium, with prices ranging from \$27 - \$59. To order your tickets, visit [www.canr.msu.edu/events/michigan-4-h-day-with-the-detroit-tigers](http://www.canr.msu.edu/events/michigan-4-h-day-with-the-detroit-tigers).

### January 9: 4-H Wild Spartans - Anishinaabe Perspectives in Natural Resources Management *Online*

This month's 4-H Wild Spartans Series will delve into how tribes use traditional knowledge and values (giikendaasowin) in natural resources management. Meet Brad Silet, biologist with the Sault Ste. Marie Tribe of Chippewa Indians, learn about his field work, and the education and career path he followed to get there. This free series is open to 4-H and non-4-H youth ages 12-19.

[www.canr.msu.edu/events/wild-spartans-series-2023-2024-jan](http://www.canr.msu.edu/events/wild-spartans-series-2023-2024-jan)

### January 17: Adulting 101 - Psychology of Spending and Saving *Online*

The 4-H Adulting 101 series helps young people prepare for college or life on their own through free online sessions. Join this session to reflect on your personal financial journey, your emotional connection to money, and gain budgeting resources to help you along the way.

[www.canr.msu.edu/events/psychology](http://www.canr.msu.edu/events/psychology)

### January 22: The Parent Talk System Webinar Series *Online*

The Parent Talk System is a FREE online course for parents of toddlers to teens to improve communication and provide strategies for raising confident, caring, responsible children.

[www.canr.msu.edu/events/the-parent-talk-system-webinar-series-january-2024](http://www.canr.msu.edu/events/the-parent-talk-system-webinar-series-january-2024)

### January 23: Michigan 4-H Volunteer Webinar - Teaching Science When You Don't Know Diddle-Squat *Online*

Explore ways 4-H volunteers can utilize a series of science lessons from MSU Extension that can be taught with no science background and household materials. This series will provide volunteers with a variety of learning opportunities to help them grow as a volunteer and support Michigan 4-H'ers. This session will be offered twice, once as a daytime option and once as an evening option.

- **12 p.m. session:** [www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-teaching-science-when-you-don-t-know-diddle-squat](http://www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-teaching-science-when-you-don-t-know-diddle-squat)
- **7 p.m. session:** [www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-teaching-science-when-you-don-t-know-diddle-squat7pm](http://www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-teaching-science-when-you-don-t-know-diddle-squat7pm)

### February 17: 4-H Animal Science Career Quest

*MSU Campus, East Lansing*

Interested in a career working with animals? Learn more about career paths in animal science and veterinary medicine, as well as the MSU programs that can get you there! This program is a joint effort of Michigan 4-H, the MSU Department of Animal Science, and the MSU College of Veterinary Medicine. It is open to youth ages 12-19 and 4-H volunteers. Registration closes Feb. 1.

[www.canr.msu.edu/events/4-h-animal-science-career-quest-2024](http://www.canr.msu.edu/events/4-h-animal-science-career-quest-2024)





# STATEWIDE 4-H NEWS



## 2024 4-H Day at the Breslin Center

MSU Extension invites 4-H members, families, volunteers and staff members to join them Feb. 24 for Michigan 4-H Day at the Breslin. This fun family event will be held at the Jack Breslin Student Events Center as the MSU women's basketball team takes on the Rutgers Scarlet Knights.

The 18th annual event celebrates the 4-H and MSU Extension community. Attendance is free for MSU Extension friends, Michigan 4-H members and their families, MSU Extension and 4-H volunteers, as well as MSU Extension professionals. Make ticket reservations at [extension.msu.edu/4HDayatBreslin2024](https://extension.msu.edu/4HDayatBreslin2024).

"Our 4-H programs reach every county in the state and 4-H Day at the Breslin is a fun way to bring that community together for a day of comradery and celebration," said Julie Chapin, director of MSU Extension children and youth programs. "We can't wait to join with the youth, families, volunteers and staff that make these programs possible."

4-H Day at the Breslin participants are encouraged to come early to partake in MSU Extension games and activities throughout the concourse. Doors will open at 12:30 p.m., with tip-off scheduled for 2 p.m. Participants are encouraged to show their pride and wear green and white 4-H or MSU Extension apparel. Michigan 4-H will be showcased during the halftime show as a group of 4-H youth will lead the crowd in reciting the 4-H pledge.

Visitors to Breslin Center events must comply with MSU's [clear bag policy](#). For more information on this event, contact your local MSU Extension office.

## Resolve to have a great 4-H year

Adapted from: [https://www.canr.msu.edu/news/resolve\\_to\\_have\\_a\\_great\\_4\\_h\\_year](https://www.canr.msu.edu/news/resolve_to_have_a_great_4_h_year).

As we start the New Year, how can 4-H clubs resolve to improve in the year ahead? Here are ten suggestions to make the upcoming year a successful one.

Resolve that:

1. Club meetings will start and end on time.
2. Business meetings will follow Robert's Rules of Order and that all club paperwork, such as minutes, club inventory and financial statements, will be completed in a timely manner.
3. All members will take part in discussions and have a say in decisions that are made. Keep a chart with each members' name and when they speak at business meetings.
4. The club meeting place will be a safe, comfortable and welcoming environment for all club members.
5. Fun will be included in each meeting.
6. A learning activity will be included in each club meeting. Ideas include exploring a new 4-H curriculum, having members volunteer to do a demonstration, doing a show and tell about each members' favorite project, or bringing in a guest speaker.
7. The club will pursue at least one community service project chosen, planned and celebrated by the club.
8. New members will have a buddy they may talk with about any 4-H questions.
9. The 4-H pledge will be said at every meeting.
10. Every club member will be recognized in some way to let them know they are cared about.





# MSU Extension Child and Family Development

MSU Extension has a wide range of free online classes for parents and caregivers of children of all ages and early childhood professionals.

## Extension Extra's Parenting Hour

These free online parenting workshops will provide guidance for parents of young children as they navigate the challenges, concerns, and joys of parenting. Participants may register for as few or as many workshops as they wish. The workshops are on Tuesday evenings from 8:00 to 9:30PM EST as follows:

### Class dates:

- 1/02/2024: NO CLASS
- 1/09/2024: Positive Discipline
- 1/16/2024: What Children Need to Know to Start School
- 1/23/2024: How soon is too soon? When to teach your children money habits for life!
- 1/30/2024: RELAX: Alternatives to Anger for Parents and Caregivers

**Registration:** [https://msu.zoom.us/webinar/register/WN\\_viGxTElqSdKY2cEX2EhVbQ](https://msu.zoom.us/webinar/register/WN_viGxTElqSdKY2cEX2EhVbQ)

For more information contact Courtney Aldrich at [aldric82@msu.edu](mailto:aldric82@msu.edu)

## Guiding Principles for Highly Successful Parenting

Are you wondering how to gain greater cooperation from your children? Struggling with chores or routines? Not sure how to handle discipline issues? Join us for this five week parenting education series for parents with children of all ages will explore developing routines, emotional control, rules and relationships, and being a calm, assertive parent. Certificates of attendance are available.

**Class dates/times:** Tuesdays, January 16th, 23rd, 30th, February 6th, and 13th from 11:30am-1:00pm EST

**Registration:** [https://msu.co1.qualtrics.com/jfe/form/SV\\_0VpZf3ks77yZZGu](https://msu.co1.qualtrics.com/jfe/form/SV_0VpZf3ks77yZZGu)

For more information, contact Courtney Aldrich, [aldric82@msu.edu](mailto:aldric82@msu.edu)

## The Parent Talk System

Do you feel like your children aren't listening to you? This 6-week series is for parents of children of all ages and is designed to improve communication and provide practical verbal strategies for raising confident, caring, responsible children. Topics include eliminating unwanted behavior, setting limits, teaching about consequences, giving effective feedback, promoting independence, and developing character. Certificates of attendance are available.

**Class dates/times:** January 22, 29 February 5, 12, 19, 26 from 7:30pm-9:30pm EST

**Registration:** [https://msu.co1.qualtrics.com/jfe/form/SV\\_bj8nWuROCeXu6vY](https://msu.co1.qualtrics.com/jfe/form/SV_bj8nWuROCeXu6vY)

For more information, contact Courtney Aldrich, [aldric82@msu.edu](mailto:aldric82@msu.edu)

## Kinship Caregiver Classes

Kinship Caregiver classes are targeted to relatives caring for another relative's children.

**Class date:** January 10th "Together We Can: Co-Parenting from 7:00-8:30pm EST

**Registration:** [https://msu.zoom.us/webinar/register/WN\\_msxyZuH0QeS9MsKaD\\_y7Tg](https://msu.zoom.us/webinar/register/WN_msxyZuH0QeS9MsKaD_y7Tg)

For more information, contact Courtney Aldrich, [aldric82@msu.edu](mailto:aldric82@msu.edu)

## Building Early Emotional Skills

Are you having trouble with biting, tantrums or the "terrible twos?" Building Early Emotional Skills (BEES) is a four-week class for primary caregivers of children 0-3 that teaches about how young children develop social emotional skills and helps give caregivers skills to deal with the stress of caring for children and to help their children develop strong social emotional skills.

**Class date:** Wednesdays, January 10, 17, 24, 31 from 12:00 pm – 1:30 pm ET

**Registration:** [https://msu.co1.qualtrics.com/jfe/form/SV\\_8JqqilgVG8lInoW](https://msu.co1.qualtrics.com/jfe/form/SV_8JqqilgVG8lInoW)

For more information, contact Courtney Aldrich, [aldric82@msu.edu](mailto:aldric82@msu.edu)



# MSU Extension Child and Family Development

MSU Extension has a wide range of free online classes for parents and caregivers of children of all ages and early childhood professionals.

## Early Childhood Professional Development Classes

These free online classes provide professional development training hours for early childhood professionals. Credit in the MiRegistry system is available.

### Title: Let's Talk: Parent and Provider Communication

**Class Date/Time:** January 18th 2024 from 7:00PM to 8:30PM

**Registration:** [https://msu.zoom.us/webinar/register/WN\\_jLVWzzM6Qlimr7VBOCrrPA](https://msu.zoom.us/webinar/register/WN_jLVWzzM6Qlimr7VBOCrrPA)

### Title: Understanding a Toddler's World

**Class Date/Time:** January 26th, 2024 from 1:00PM to 2:30PM

**Registration:** [https://msu.zoom.us/webinar/register/WN\\_7uUWdABOR266czLJYKy7A](https://msu.zoom.us/webinar/register/WN_7uUWdABOR266czLJYKy7A)

For more information contact Vivian Washington at [washi138@msu.edu](mailto:washi138@msu.edu)

## Special Cooperative Extension Class

**Title: Early Math Skills for Infants and Toddlers (eligible for MiRegistry Credit!)**

**Class Date:** January 8th, 2024

**Class Time:** 8:00PM to 9:00PM EST

**Registration:** <https://fitandhealthykids.unl.edu/one-hour-once-month-trainings>

## Online Self-Paced Classes

These free online classes can be completed on your own at your own pace.

### Positive Discipline

Helping young children learn self-control is important to their ability to be successful citizens now and in the future. Positive Discipline workshops help adults learn how their role in creating appropriate environments and experiences can strengthen that development. This class has a "parent and caregiver" track and a "professional" track. Certificates of attendance are available for all who take the class and professional development training hours are available for early childhood professionals. Credit in the MiRegistry system is available.

**Registration:** <https://www.canr.msu.edu/courses/positive-discipline-online-course>

For more information contact Courtney Aldrich at [aldric82@msu.edu](mailto:aldric82@msu.edu)

### Infant Safety

MSU Extension has partnered with the Livingston County Child Abuse Prevention Council to create a self-directed online infant safety course called "Sleeping, Crying, Driving." This three part course contains videos and interactive content on infant safe sleep, how to handle extended infant crying and guidelines for transporting your child safely. A certificate of completion is available for those who need proof of attendance.

**Registration:** [https://www.canr.msu.edu/early\\_childhood\\_development/infant-safety/](https://www.canr.msu.edu/early_childhood_development/infant-safety/)

### MI Parenting Resource

This free, online program is meant to support caregivers across the state in strengthening their parent-child relationships and gaining new tools for enhancing positive child behaviors.

**Registration:** <https://miparentingresource.org/>

For more information contact Courtney Aldrich at [aldric82@msu.edu](mailto:aldric82@msu.edu)

